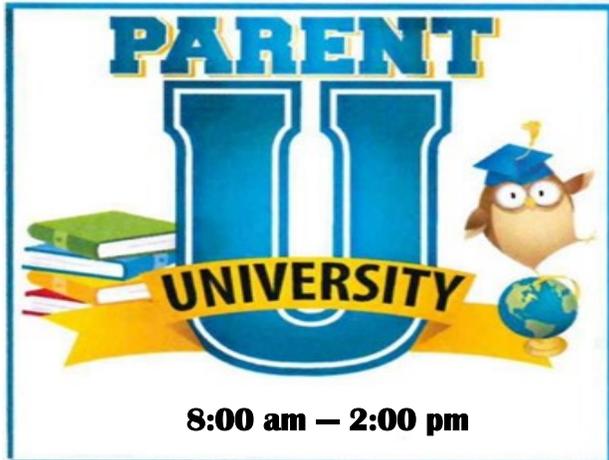


★ Parents ★ Foster Parents ★ Grandparents ★ Child Caregivers ★ Teachers ★



# April 23, 2022

**Geiger Early Childhood Center**

**15 S Howard Ave, Croswell MI 48422**

**FREE to Sanilac County school district residents**

◆ **\$10 for non district residents**

◆ **\$10 for professional development credits**

★ **Light Breakfast**

★ **Workshops**

★ **Lunch Provided**

★ **Prize Drawings**

★ **Limited Onsite Childcare**

★ **First 20 registrants receive a free gas card!**

## Agenda

8:00 - 8:30	Registration, Light Breakfast, and Vendors - <b>Gymnasium</b>
8:30 - 9:00	Welcome - <b>Gymnasium</b>
9:00 - 10:00	Workshop 1 - <b>TBD</b>
10:15-11:15	Workshop 2 - <b>TBD</b>
11:30 - 12:30	Workshop 3 - <b>TBD</b>
12:30 - 1:30	Lunch - <b>Gymnasium</b>
1:30 - 2:00	Closing, Survey & Drawing - <b>Gymnasium</b>

Presented by:



**Sanilac County Great Start Parents**

**Registration, workshops and descriptions on other side**



☆ Please choose (4) workshops you would like to attend: ☆

- #1 [Having Difficult Conversations With Children About Body Safety](#) ☆  
Protect your children by learning how to talk with them about keeping themselves safe around others. ☆  
Presenter: Stephanie MacMillan
- #2 [What Children Need from Adults to Thrive in an Ever Changing World](#)  
Explore the importance of relationships to a healthy parent-child relationship. Above all else children need to know they are loved and loveable. Our words and actions are important in the development of these essential connections. Learn ways to focus on children's strengths and interests to develop healthy feelings about their abilities/skills. Learn and practice "soft skills" like self-control, optimism and ways to manage our own feelings and those of our children.  
Presenter: Gloria Sherman
- #3 [Discovering JOY: Turning Stress in to Your New SUPERPOWER](#) ☆  
Parents are expected to have working knowledge of the emotional health of their children. Adults must know how to control their own emotions while maintaining a safe and calming atmosphere. Learn a variety of coping mechanisms to help eliminate negative stress and using the remaining stress to empower your greatness. Children need you to model healthy behaviors in order for them to grown up and become healthy adults. Presenter: Gloria Sherman ☆
- #4 [Positive Discipline: Create A Safe, Healthy & Stress-Free Environment](#)  
Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Adults play an important role in creating appropriate environments, and experiences, which strengthen overall development. This workshop will help participants learn about factors that promote self-discipline, increase awareness of our personal role in creating an environment where discipline and self-control are learned and practiced, and gain new ideas for personal actions that we can take to maintain the positive environment we are looking for and to promote self-control. Presenter: Jessi Stokan ☆
- #5 [Talking Is Teaching](#)  
When you talk, read, and sing with your child—even before they can use words—you're building their brain and helping to prepare them for success in school and in life. But it may not always be easy to talk to babies, especially when they can't talk back. To help, we've pulled fun tips and resources grounded in the best science, to help you talk, read, and sing with your child every day. Presenter: Julia Albrecht ☆
- #6 [Screen Time & Cyber Safety for Young Children](#) ☆  
What is appropriate for young children when it comes to electronics? How long is too long? What apps are safe? Learn the benefits and what to watch for when children have access to electronics. Presenter: Matt Gezequel
- #7 [Why Play Is Important](#) ☆  
Do children really learn through play at home and in the classroom? Find out why access to play is essential for young humans. Attendees will become aware of the knowledge that is gained through active play. Leading experts in the field acknowledge a strong correlation between high academic achievement and play-based interaction.  
Presenter: Julia Albrecht
- #8 [Understanding Behavior](#) ☆  
We will dive into some reasons why kids may act the way they do and take ideas from the group to discuss some of the most challenging behaviors. We will explore ideas looking into the "why" and dig into "how" we may help. This interactive presentation is intended for anyone who works with children of all ages. Presenter: Jessi Stokan
- #9 [Self-Care](#) ☆  
Learn why taking care of you is so important to the success of your family. Our presenter will share years of experience and help with tips to find the time necessary in a fast paced world. ☆  
Presenter: Gail Innis

**Register by April 13, 2022 to Kim (810)404-4739 or [khurlburt@sanilacisd.org](mailto:khurlburt@sanilacisd.org)**